Overcoming fear with faith, Joyce Lee provides physical and spiritual sustenance to others

For my parents—especially as immigrants—education was crucial, not only in quality, but having an education that is more God-centered versus just enhancing your academic knowledge.

Lee has noticed many of the college students she visits with are anxious about their careers. Her advice is to not let the fear of the unknown stop you from jumping at incredible possibilities, even if they are far from what you imagined for yourself.

"It may not work out the way you expected, but look at life in a holistic way," she said. "Remember the basic core principles you learned in your education and upbringing, and apply that to your career. Just don’t be afraid of the opportunities."

Through it all, Lee never once doubted her abilities to succeed at her various roles. She credits her parents with instilling a Christ-centered fearlessness in her that has guided her to where she is now.

"Philippians 4:13 says, ‘I can do all things through Him who strengthens me,’ she said. ‘I am never going to limit myself as to what I can do. That is what has made me successful in my career.’"

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Feeding the Mind, Body & Spirit

by / JUSTIN WALKER